

My Gym Musashikosugi

Oct-18

月(MON)		火(TUE)		水(WED)		木(THU)		金(FRI)		土(SAT)		日(SUN)	
Fitness		Fitness		Fitness		Fitness		Fitness Art		Fitness		Fitness Art	
10:10	Terrific Tots	10:10	Terrific Tots	10:10	Gymsters	10:10	Jungle Time	10:10	Gymsters	10:10	Gymsters	10:10	Terrific Tots Studio Time
11:10		11:10		11:10		11:10		11:10		11:10		11:10	
11:25	Gymsters	11:25	Gymsters	11:25	Waddlers	11:25	Waddlers	11:25	Tiny Tykes	11:25	Mighty Mites/Whiz Kids	11:25	Tiny Tykes/Waddlers Imaginista
12:25		12:25		12:25		12:25		12:25		12:25		12:25	
12:40	Closed	12:40	Closed	12:40	Closed	12:40	Closed	12:30	Closed	12:40	Terrific Tots	12:40	Whiz Kids/Champions Paintastic
13:40		13:40		13:40		13:40		13:30		13:40		13:40	
13:50	Waddlers	13:50	Tiny Tykes/Waddlers	13:50	Jungle Time	13:50	Gymsters	13:45	Little Bundles	13:50	Jungle Time	13:55	Mighty Mites
14:50		14:50		14:50		14:50		14:30		14:50		14:55	
15:00	Jungle Time	15:00	Jungle Time Studio Time	15:00	Terrific Tots Paintastic/Imaginista	15:00	Terrific Tots	14:45	Waddlers	15:00	Whiz Kids/Champions	15:10	Mighty Mites/Whiz Kids Creative Coders (15:10-16:40)
16:00		16:00		16:00		16:00		15:45	Adventure Time (20min)	16:00	Whiz Kids/Champions	16:10	
16:15	Mighty Mites/Whiz Kids	16:15	Mighty Mites Creative Coders (16:30-18:00)	16:15	Cleaning and Training	16:15	Mighty Mites Digital Kids	16:20	Whiz Kids/Champions	16:15	Mighty Mites/Whiz Kids	16:25	Champions/ Cardio Kids
17:15		17:15		17:15		17:15		17:20		17:15		17:25	
17:30	Whiz Kids/Champions	17:30	Champions/ Cardio Kids	17:30		17:30	Whiz Kids/Champions	17:30	Jungle Time/ Study Time Tech Time	17:30	Private Party	17:30	Sport Time
18:30		18:30		18:30		18:30		18:30		18:30		18:30	

◆保護者参加型クラス(Parent Participation Class)

◆Little Bundles/リトルバンドルズ	(6週間・6ヶ月)
◆Tiny Tykes/タイニータイクス	(7ヶ月 - 13ヶ月)
◆Waddlers/ワドラーズ	(14ヶ月 - 22ヶ月)
◆Gymsters/ジムスターズ	(23ヶ月 - 2歳6ヶ月)
◆Terrific Tots/テリフィック トッツ	(2歳6ヶ月 - 3歳3ヶ月)

★保護者非参加型クラス(Independent Class)

★Mighty Mites/マイティーマイツ	(3歳4ヶ月 - 4歳6ヶ月)
★Whiz Kids/ウィズキッズ	(4歳6ヶ月 - 6歳)
★Champion/チャンピオン	(6歳 - 8歳)
★Cardio Kids/カーディオキッズ	(8歳 - 13歳)

★保護者非参加型プログラミングクラス(Independent Class)

★Digital Kids/デジタルキッズ	(4.6歳 - 7歳)
★Creative Coders/クリエイティブコーダーズ	(7歳 - 13歳)
★保護者非参加型アートクラス(Independent Art Class)	
★Paintastic/ペインタスティック	(3歳 - 5歳)
★Imaginista/イマジニスタ	(5歳 - 9歳)

Tel: 044-431-0520

★When canceling a class, please call or email us by 17:00 the previous day in order to be eligible for a make up.
★クラスをお休みされる場合は前日の17:00までにご連絡を頂けますとお振替が可能です。

◇フィットネス会員向けフリープレイ (保護者同伴必須) (All Fitness Students Free play)

◇Jungle Time (全年齢)
◇Study Time/Sport Time (3歳以上)
◇Story Time/Music Time (全年齢)
◇アート会員向けフリープレイ (保護者同伴必須) (All Art Students Free play)
◇Studio Time (3歳以上)

E-mail: musashikosugi@mygym.jp

My Gym Musashikosugi Schedule from 2019, 1~

月(MON)		火(TUE)		水(WED)		木(THU)		金(FRI)		土(SAT)		日(SUN)			
10:10	Terrific Tots	10:10	Terrific Tots	10:10	Gymsters	10:10	Jungle Time	10:10	Gymsters	10:10	Gymsters	10:10	Terrific Tots	10:10-11:00 Studio Time	
11:00	Terrific Tots	11:00	Terrific Tots	11:00	Gymsters	11:00	Jungle Time	11:00	Gymsters	11:00	Gymsters	11:00	Terrific Tots	11:10-12:00	
11:10	Gymsters	11:10	Gymsters	11:10	Waddlers	11:10	Waddlers	11:10	Tiny Tykes	11:10	Mighty Mites/Whiz Kids	11:10	Tiny Tykes/Waddlers	Imaginista	
12:00	Gymsters	12:00	Gymsters	12:00	Waddlers	12:00	Waddlers	12:00	Tiny Tykes	12:00	Mighty Mites/Whiz Kids	12:00	Terrific Tots	12:15-13:05 Paintastic	
12:10	Jungle Time	12:10	CLOSED	12:10	CLOSED	12:10	CLOSED	12:10	Jungle Time	12:10	Terrific Tots	12:15	WS Rookies		
14:00	Jungle Time	13:00	CLOSED	13:00	CLOSED	13:00	CLOSED	13:00	Jungle Time	13:00	Terrific Tots	13:15	WS Rookies		
14:00	Jungle Time	13:10	Tiny Tykes/Waddlers	13:10	Jungle Time	13:10	Gymsters	13:10	Jungle Time	13:10	Jungle Time	13:25	Mighty Mites		
14:00	Jungle Time	14:00	Tiny Tykes/Waddlers	14:00	Jungle Time	14:00	Gymsters	14:00	Jungle Time	14:00	Jungle Time	14:15	Mighty Mites		
14:10	Waddlers	14:10	Jungle Time	14:10	Terrific Tots	14:10	Terrific Tots	14:10	Little Bundles	14:10	Waddlers	14:25	Mighty Mites/Whiz Kids	15:10-16:40	
15:00	Waddlers	15:00	Jungle Time	15:00	Terrific Tots	15:00	Terrific Tots	15:00	Little Bundles	15:00	Waddlers	15:15	Mighty Mites/Whiz Kids		
15:10	Mighty Mites	15:10	Mighty Mites	15:10	Mighty Mites/Whiz Kids	15:10	Mighty Mites/Whiz Kids	15:10	Waddlers	15:10	WS Rookies	15:30	WS Varsity	15:15-16:40 Creative Coders	
16:00	Mighty Mites	16:00	Mighty Mites	16:00	Mighty Mites/Whiz Kids	16:00	Mighty Mites/Whiz Kids	16:00	Waddlers	16:00	WS Rookies	16:30	WS Varsity		
16:20	Mighty Mites/Whiz Kids	16:10	Mighty Mites/Whiz Kids	16:10	Mighty Mites/Whiz Kids	16:15	WS Rookies	16:20	WS Varsity	16:20	WS Varsity	16:30	Mighty Mites/Whiz Kids	16:40	WS AllStars
17:10	Mighty Mites/Whiz Kids	17:00	Mighty Mites/Whiz Kids	17:00	Mighty Mites/Whiz Kids	17:15	WS Rookies	17:15	WS Varsity	17:20	WS Varsity	17:20	Mighty Mites/Whiz Kids	17:40	WS AllStars
17:30	WS Rookies	17:20	WS AllStars	17:20	WS AllStars	17:30	WS Varsity	17:30	WS Varsity	17:30	Jungle/Study Time	17:30	My Time	17:50	Sports Time
18:30	WS Rookies	18:20	WS AllStars	18:20	WS AllStars	18:30	WS Varsity	18:30	WS Varsity	18:30	Jungle/Study Time	18:30	My Time	18:30	Sports Time

	Fitness		World Sports		Art		Programming		
Class	★Little Bundles (6週間 - 6か月)	Class	■WS ROOKIES (5歳 - 6歳)	Class	■Paintastic (3歳-5歳)	Class	■Digital Kids (4歳6ヶ月~7歳)		
	★Tiny Tykes (7か月 - 13か月)		■WS VARSITY (7歳 - 8歳)		■Imaginista (5歳-8歳)		■Creative Coders (7歳~13歳)		
	★Waddlers (14か月 - 22か月)		■WS ALLSTARS (9歳 - 13歳)						
	★Gymsters (23か月 - 2歳6ヶ月)								
	★Terrific Tots (2歳6ヶ月 - 3歳3ヶ月)								
	■Mighty Mites/Whiz Kids (3歳3ヶ月 - 6歳)								
Free Play	★ Jungle Time (All Ages) ※保護者同伴必須			Free Play	■ Studio Time (All Ages) ※保護者同伴可能		Free Play	■ Tech Time (All Ages) ※保護者同伴可能	

※「★」は保護者参加型(2名まで)、「■」は保護者非参加型です。
※お休みされる際は前日17:00までにご連絡ください。

Tel: 044-431-0520 E-mail: musashikosugi@mygym.jp

営業時間: 10:00-18:30