

My Gym Class Schedule

Hiroo

月(MON)		火(TUE)		水(WED)		木(THU)		金(FRI)		土(SAT)		日(SUN)			
10:15	Fitness	10:15	Fitness	10:15	Fitness	10:15	Fitness	10:15	Fitness	9:15	Fitness	9:15	Fitness Programming 9:15-10:45		
11:15	Terrific Tots	11:15	Waddlers	11:15	Gymsters	11:15	Waddlers	11:15	Gymsters	10:15	Gymsters	10:15	Terrific Tots Creative Coders		
11:30	Jungle Time	11:30	Gymsters	11:30	Waddlers	11:30	Terrific Tots	11:30	Tiny Tykes	10:30	Terrific Tots	10:30	Gymsters 11:15-12:45		
12:15	Tiny Tykes	12:30	Jungle Time	12:30	Terrific Tots	12:30	Little Bundles	12:30	Terrific Tots	12:45	Waddlers	12:45	Mighty Mites/ Whiz Kids Creative Coders		
13:45	Waddlers	13:30	Tiny Tykes	14:00	Tiny Tykes	13:45	Gymsters	14:00	Waddlers Studio Time	13:00	Mighty Mites/ Whiz Kids	13:00	Whiz Kids/ Champions		
14:45	Gymsters	14:45	Terrific Tots	15:15	Mighty Mites	15:00	Jungle Time	15:00	Studio Time	15:15	Mighty Mites Imaginista	14:15	Whiz Kids/ Champions		
15:00	Whiz Kids/ Champions	Tech Time	Weekly Meeting & Floor Set Up	16:30	Jungle Time	16:30-18:00	Digital Kids	16:00	Mighty Mites	16:30	Whiz Kids/ Champions	16:00	Private Party		
17:15	Champions/ Cardio Kids	17:30		Champions/ Cardio Kids	17:15	Whiz Kids/ Champions		17:30	Paintastic	17:30	Paintastic				
17:30	Champions/ Cardio Kids	17:30		Champions/ Cardio Kids	17:30	Champions/ Cardio Kids		17:30	Paintastic	17:45	Jungle Time			17:30	Private Party
18:30	Champions/ Cardio Kids	18:30		Champions/ Cardio Kids	18:30	Champions/ Cardio Kids		18:30	Paintastic	18:30	Jungle Time			18:30	Private Party

<p>★Fitness 保護者参加型クラス (Parent participation classes)</p> <ul style="list-style-type: none"> ◇Little Bundles/リトルバンドルズ (6週間 - 6ヵ月) ◇Tiny Tykes/タイニータイクス (7ヵ月 - 13ヵ月) ◇Waddlers/ワドラーズ (14ヵ月 - 22ヵ月) ◇Gymsters/ジムスターズ (23ヵ月 - 2歳6ヶ月) ◇Terrific Tots/テリフィック トツツ (2歳6ヶ月 - 3歳3ヶ月) 	<p>★Fitness 保護者非参加型クラス (Independent Classes)</p> <ul style="list-style-type: none"> ★Mighty Mites/マイティーマイツ (3歳3ヶ月 - 4歳6ヶ月) ★Whiz Kids/ウィズキッズ (4歳6ヶ月 - 6歳) ★Champions/チャンピオンズ (6歳 - 8歳) ★Cardio Kids/カーディオキッズ (8歳 - 13歳) 	<p>★Programming 保護者非参加型クラス (Independent Classes)</p> <ul style="list-style-type: none"> Digital Kids (4歳6ヶ月~7歳) Creative Coders (7歳~13歳) ★Art 保護者非参加型クラス (Independent Classes) ★Paintastic (3歳-5歳) ★Imaginista (5歳-8歳) 	<p>★フィットネス会員向けフリープレイ (保護者同伴必須) (All Fitness Students Free play)</p> <ul style="list-style-type: none"> ◇Jungle Time (All ages) ★アート会員向けフリープレイ (母子分離 or 保護者参加型) (All Art Students Free play) ◇Studio Time (3years and up) ★プログラミング会員向けフリープレイ (母子分離) (All Programming Students Free play) ◇Tech Time (4years 6months and up)
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Tel: 03-5447-0800

E-mail: hiroo@mygym.jp

★クラスをお休みされる際は前日の17:00までにご連絡ください。

★営業時間 : Mon-Fri 10:00-18:00, Sat/Sun 9:00-17:00

My Gym Hiroo Schedule

January 2019

月(MON)		火(TUE)		水(WED)		木(THU)		金(FRI)		土(SAT)		日(SUN)			
10:10	Terrific Tots	10:10	Waddlers	10:10	Gymsters	10:10	Waddlers	10:10	Gymsters	9:10	Gymsters	9:10	Terrific Tots	9:10-10:40	
11:00		11:00		11:00		11:00		11:00		10:00		10:00		Digital Kids	
11:10	Jungle Time	11:10	Gymsters	11:10	Waddlers	11:10	Terrific Tots	11:10	Tiny Tykes	10:10	Terrific Tots	10:10	Gymsters		
12:00		12:00		12:00		12:00		12:00		11:00		11:00			
12:10	Tiny Tykes	12:10	Jungle Time	12:10	Terrific Tots	12:10	Little Bundles	12:10	Terrific Tots	11:10	Waddlers	11:10	Mighty Mites/Whiz Kids	11:00-12:30	
13:00		13:00		13:00		13:00		13:00		12:00		12:00		Creative Coders	
13:10	Waddlers	13:10	Tiny Tykes	13:10	Tiny Tykes	13:10	Gymsters	13:10	Little Bundles	12:10	Mighty Mites/Whiz Kids	12:10	Waddlers		
14:00		14:00		14:00		14:00		14:00		13:00		13:00			
14:10	Gymsters	14:10	Terrific Tots	14:10	Jungle Time	14:10	Tiny Tykes	14:10	Waddlers	14:10-15:00	Studio Time	13:15	WS Rookies	13:10	Mighty Mites/Whiz Kids
15:00		15:00		15:00		15:00		15:00		15:10-16:00		14:15		14:00	
15:10	Mighty Mites/Whiz Kids	15:10	Mighty Mites/Whiz Kids	15:10	Mighty Mites/Whiz Kids	15:10	Tech Time	15:10	Mighty Mites/Whiz Kids	15:10	Imaginista	14:25	WS Varsity	14:15	WS Rookies
16:00		16:00		16:00		16:00		16:00		16:10-17:00		15:25		15:15	
16:15	WS Varsity	Weekly Meeting & Floor Set Up		16:15	WS Varsity	16:15	WS Varsity	16:15	WS Rookies	16:15	Paintastic	Private Party		16:00	
17:15				17:15		17:15		17:15		17:15					
17:25	WS AllStars			17:25	WS AllStars	17:25	WS AllStars	17:25	Jungle Time	17:25	Jungle Time			17:30	
18:25				18:25		18:15	WS Rookies	18:15	Jungle Time					17:30	

	Fitness		World Sports		Art		Programming		
Class	★Little Bundles (6週間 - 6か月)	Class	■WS ROOKIES (5歳 - 6歳)	Class	■Paintastic (3歳-5歳)	Class	■Digital Kids (4歳6ヶ月~7歳)		
	★Tiny Tykes (7か月 - 13か月)		■WS VARSITY (7歳 - 8歳)		■Imaginista (5歳-8歳)		■Creative Coders (7歳~13歳)		
	★Waddlers (14か月 - 22か月)		■WS ALLSTARS (9歳 - 13歳)						
	★Gymsters (23か月 - 2歳6ヶ月)								
	★Terrific Tots (2歳6ヶ月 - 3歳3ヶ月)								
	■Mighty Mites/Whiz Kids (3歳3ヶ月 - 6歳)								
Free Play	★ Jungle Time (All Ages) ※保護者同伴必須			Free Play	■ Studio Time (All Ages) ※保護者同伴可能		Free Play	■ Tech Time (All Ages) ※保護者同伴可能	

※「★」は保護者参加型(2名まで)、「■」は保護者非参加型です。
※お休みされる際は前日17:00までにご連絡ください。

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